



Attention Deficit Disorder

I tend to drift in the direction
of the things that have my attention.

_____ determines direction.

If you pay attention to these laws and obey them carefully, the LORD your God will keep his agreement and show his love to you, as he promised your ancestors. (Deuteronomy 7:12, NCV)

Direct me in the path of your commands, for there I find delight. (Psalm 119:35, NIV)

Turn my eyes away from worthless things; preserve my life according to your word. (Psalm 119:35, NIV)

Keep your eyes focused on what is right, and look straight ahead to what is good. (Proverbs 4:25, NCV)

"The eye is a light for the body. If your eyes are good, your whole body will be full of light. But if your eyes are evil, your whole body will be full of darkness. And if the only light you have is really darkness, then you have the worst darkness.

(Matthew 6:22 & 23, NCV)

Key Questions:

- What, or who, has my attention now?
- Has anything or anyone captured my attention that has no business being a part of my life?
- Has anything or anyone captured my attention or affection in a way that is keeping me from the things or people that deserve my attention?
- Is there anyone I'm giving attention to that, if it were to become public information, would be a bit embarrassing ... or worse?



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- Do my spouse or kids feel like they are competing for time that should be given to them anyway?
- Is there some hobby or pastime that began as a small expense but is now a significant line item in my personal finances?
- Who or what do I need to begin paying more attention to?
- Who or what is clamoring for my attention that deserves my attention - and instead of doing the right thing, I am making excuses?

Areas to prioritize:

1. I must pay attention to my _____.
2. I must pay attention to the _____ of my _____.
3. I must pay attention to my _____.
4. I must pay attention to my _____ - _____.

We must pay more careful attention, therefore, to what we have heard, so that we do not drift away. (Hebrews 2:1, NIV)