



Life's  
Healing  
Choices

Freedom From Your Hurts,  
Hang-ups & Habits



## The Commitment Choice

Matthew 5:5

Week one was the reality choice.

Week two was the hope choice.

Today is the \_\_\_\_\_ Choice.

Blessed are the meek, for they will inherit the earth.  
(*Matthew 5:5, NIV*)

Meek = \_\_\_\_\_ under \_\_\_\_\_.

Christ who suffered for you is your example. Follow in his steps. He never sinned and he never deceived anyone. He did not retaliate when he was insulted. When he suffered, he did not threaten to get even. He left his case in the hands of God who always judges fairly. (*1 Peter 2:21b-23, NLT*)

Now the man Moses was very meek, more than all men that were on the face of the earth. (*Numbers 12:3, KJV*)

Meekness.....

1. ....means I acknowledge \_\_\_\_\_  
\_\_\_\_\_.

2. ....is a confidence in \_\_\_\_\_ I am.

The LORD your God is God of gods and Lord of lords, the great, powerful, and awe-inspiring God. (*Deuteronomy 10:17, GWT*)

3. ....is a confidence in \_\_\_\_\_ I am.

Everyone who believes that Jesus is the Christ is a child of God.  
(*1 John 5:1, NLT*)



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The Commitment Choice:

To consciously choose to commit all my  
\_\_\_\_\_ and \_\_\_\_\_ to God's  
\_\_\_\_\_ and \_\_\_\_\_.

I consciously choose to commit: \_\_\_\_\_

Choose to love the LORD your God and to obey him and commit yourself to him, for he is your life. (*Deuteronomy 30:20, NLT*)

all of my life and will: \_\_\_\_\_

So no one can become my disciple without giving up everything for me. (*Luke 14:33, NLT*)

to God's care and control: \_\_\_\_\_

Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. (*Matthew 11:28, NLT*)