



Life's
Healing
Choices
Freedom From Your Hurts,
Hang-ups & Habits

The Hope Choice

Matthew 5:4



Life's Healing Choice #2

The _____ Choice

Blessed are those who mourn, for they will be comforted.
(*Matthew 5:4, NIV*)

God's path to comfort and hope:

1. I must see who _____ really is.

"For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. For God did not send his Son into the world to condemn the world, but to save the world through him. (*John 3:17 & 17, NIV*)

Who then will condemn us? Will Christ? No! For he is the one who died for us and was raised to life for us...
(*Romans 8:34a, NLT*)

But you, O Lord, are a compassionate and gracious God, slow to anger, abounding in love and faithfulness. (*Psalms 86:15, NIV*)

He is the source of every mercy and the God who comforts us.
(*2 Corinthians 1:3, NLT*)

2. I have to see who _____ really am.

A. I am _____.

For all have sinned; all fall short of God's glorious standard.
(*Romans 3:23, NLT*)

The time is coming when everything will be revealed; all that is secret will be made public. (*Luke 12:2, NLT*)

You can't keep your true self hidden forever; before long you'll be exposed. You can't hide behind a religious mask forever; sooner or later the mask will slip and your true face will be known.
(*Luke 12:2, MSG*)



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B. I am _____.

I love you with an everlasting love. So I will continue to show you my kindness. (*Jeremiah 31:3, GWT*)

May your unfailing love be my comfort. (*Psalms 119:76, NIV*)

For God so loved the world that he gave his only Son, so that everyone who believes in him will not perish but have eternal life.
(*John 3:16, NLT*)

3. I've got to see how God can _____ me.

Have you never heard or understood? Don't you know that the LORD is the everlasting God, the Creator of all the earth? He never grows faint or weary. No one can measure the depths of his understanding. He gives power to those who are tired and worn out; he offers strength to the weak. Even youths will become exhausted, and young men will give up. But those who wait on the LORD will find new strength. They will fly high on wings like eagles. They will run and not grow weary. They will walk and not faint. (*Isaiah 40:28-31, NLT*)

For God is working in you, giving you the desire to obey him and the power to do what pleases him. (*Philippians 2:13, NLT*)